



# QUARTER ONE

## FEBRUARY - MARCH

step 1

**DRAW YOUR IDEA**

step 2

**GRAB YOUR MATERIALS**

step 3

**MAKE A PROTOTYPE!**

VISIT [DISCOVERYWORLD.ORG](http://DISCOVERYWORLD.ORG) FOR MORE INFO

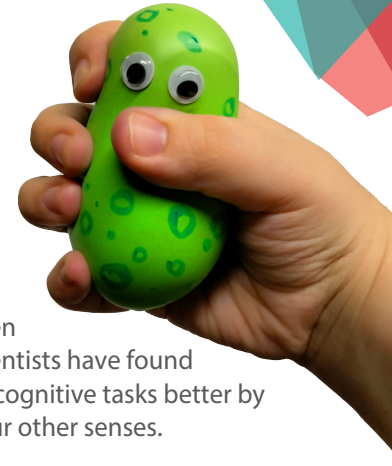
USE [#KOHLSDSIGNITLAB](https://twitter.com/KOHLSDSIGNITLAB) TO SHARE YOUR PROJECTS!

### FIDGET FACTORY!

ALL AGES

10-15 MINUTES

What is a Fidget? A Fidget is a form of sensory toy that is easily portable. Do you find it easier to think/calm down when your hands are occupied? Behavioral scientists have found that some fidgets may help you perform cognitive tasks better by shifting your focus away by engaging your other senses.



### WHAT ARE THE 5 SENSES?

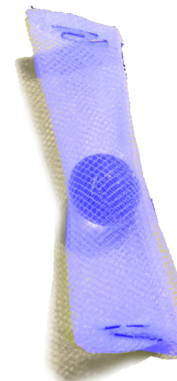
SIGHT

HEARING

TOUCH

SMELL

TASTE



### IT'S WHAT YOU MAKE OF IT!

There are so many different kinds of Fidget Toys. Creatively explore materials and designs. What Sense does your fidget engage with? Does it make a fun popping sound? Is the texture interesting? These are all questions you need to ask yourself when making a prototype for your toy.



### IDEATION STATION

Having trouble coming up with an idea? Start with a material and brainstorm around it.

#### FOAM

Put the foam inside a balloon with a little bit of air. Add fun decorations to make is an easy DIY stress ball.

Cut into cubes and tape each square together to make a 3D squishy puzzle.

#### BEADS

Make a sensory bracelet by adding different beads of different shapes to a piece of string.

Add to gak or slime to give it a fun texture.

#### SUCTION CUPS

Glue suction cups to a piece of cardboard to make a DIY pop it.

Make a friend out of pipe cleaners and add suction cups to their feet.